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**August 14, 2018**  
**6:00pm - 8:30pm**



Our Speaker  
Karma Raines  
Opera Singer &  
Vocal Teacher



## "TURN UP YOUR VOLUME"

### How to Speak with greater Clarity and Authority

You use the same muscles in speaking as in singing. In this informative talk the amazing Karma Raines will help you identify the mode that you normally speak in and help you gain tools for increasing your volume and clarity. The techniques she will teach you will help you speak clearly and powerfully without become hoarse and straining your voice.

Her unique approach is not only based in the work she has done as a singer, but also from studying craniosacral therapy and massage so that when you speak, the power in your voice will be based in anatomy and physiology.

[\*\*LEARN MORE!\*\*](#)

### **Workable Agreements Workshop For Families of Elementary & Middle School Students**

**With [Jill Valenti](#)**



The biggest benefit of using workable agreements is that it changes the power dynamic of the family to one of mutual benefit. When a child feels that their needs and values are being respected, they will respond to your authority with far less resistance. When the mutual respect of workable agreements becomes a habit that everyone in the family can count on then the whole family experiences more trust and harmony. You're going to love the great results you get from this powerful parenting skill!

**Wed, August 29, 2018 |**

7:00 PM - 9:00 PM

\$45 -\$75 Based on a sliding scale

**REGISTER TODAY!**

<https://www.eventbrite.com/e/workable-agreements-elementarymiddle-registration-46330066476>



**'No Such Thing As Off The Record'  
BOOK RELEASE**

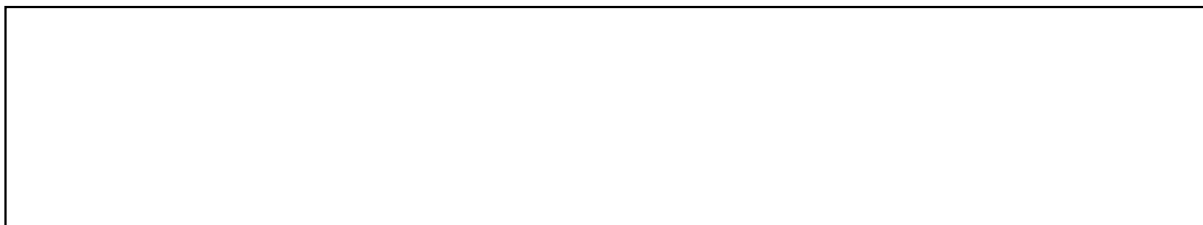
**The 12 steps to saying what you came to say and staying on message**

[Watch Andrea's PR Video!](#)



**'No Such Thing As Off The Record'** provides a complete checklist for how to say what you came to say and not get off topic. This book not only gives you a roadmap for how to be an effective public speaker, it provides ways to navigate the sometimes tricky Q&A scenarios that are often overlooked when preparing for a public talk or interview.

**PRE-ORDER TODAY!**





## August = Acupressure + Angels



Special Includes:

The Acupressure Facelift  
PLUS Angel Reading/Healing  
a 90-Minute Blissful Session  
Only \$200

**LEARN MORE!**

"Recently an aesthetician said I gave her  
the best facial massage she ever had!"

Body Code Healing is AMAZING for clearing held,  
stuck patterns, physically/mentally/emotionally,  
offering new energy, space, possibility and PEACE.



## SUMMER SPECIAL OFFER!

Buy one session and get a second session 1/2 off!  
(must be purchased together and used by Aug 31)  
AND I am extending my special offer for our furry love  
children!

Single session \$90 (\$30 savings), three for \$255 (\$75 savings),  
five for \$400 (\$100 savings).

Read more about [Body Code Healing](#) and Jeniffer Legge

*this nourished life*  
*living well. loving well. being well.*



# In 2018

**Join us for dinner  
and networking**

**Sept 11 / Oct 9 / Nov 13 (auction) / Dec 11 (party)**

Networking Entrepreneurial Women of Marin | [www.newofmarin.com](http://www.newofmarin.com)

Inspiring Promotions, 240 Redwood Highway, Berth Two, Mill Valley, CA 94941

[SafeUnsubscribe™ {recipient's email}](#).

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Try it free today