

Welcome to our monthly newsletter. Please let me know if you would like to opt out of the newsletter by hitting 'reply' and you will be removed immediately.

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June 12, 2018 ~ 6:00pm



"Right-Brain Living in a Left Brain World"
with the Founder of
Unexpected Company
Marti Cate

We live in a world, especially with regards to our work environment,



where logical, external, and empirical ways of thinking are both valued and dominant.

Even though body language is a powerful communication tool (which we use daily) many of us feel we have had to leave our expressive, adventurous and creative selves behind in childhood. In this informative and interactive presentation, participants are invited to explore and reconnect with the potency and discovery of non-verbal expression.

You will learn how to expand your non-verbal vocabulary, discover what you might be saying unconsciously (or unintentionally), and find new, authentic ways to convey your message... as well as how to read another's body language more effectively. Also included will be some simple techniques to de-stress and re-vitalize in the middle of a busy day.

[LEARN MORE!](#)



Get Gassy with Andrea Devaux

XOOM Energy is thrilled to team up with PetSmart to bring awareness to the loving impact of animal adoption!

Along with donating 5% of your energy charges to Petsmart Charities, you can also have the peace of mind with a 12-month fixed rate plan. AND you are purchasing gas from a company that offers clean energy (no fracking!).

[LEARN MORE!](#)

Be sure to use Andrea's Rep ID #0616008



(Click to play commercial MSNBC 5/18 video)

10 Years & Glowing
Rodan + Fields is now The #1 Skincare Brand in the US!

Dr. Katie Rodan and Dr. Kathy Fields explain
 "Products are 'King'. What we do transforms skin.
 We are dermatologists and we're product developers
 and we know how to make products that really work."

Carolyn@CarolynPreis.com / CarolynPreis.MyRandF.com

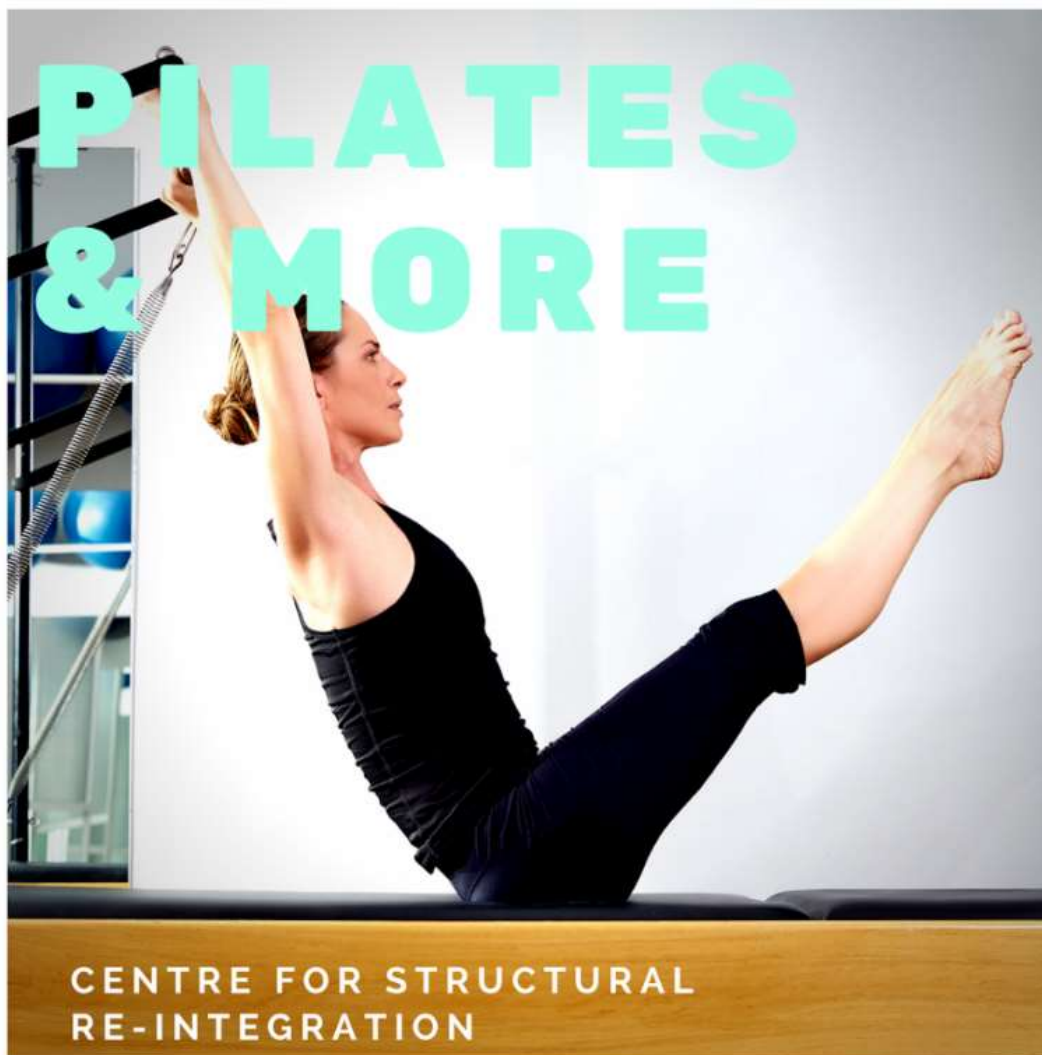
"I'd love to help you find the products that work for you!"



Get Creative with Kathy Barlow

Roller Printing Party - July 4th Holiday Theme
Sunday, July 1, 1-4 pm
Studio 333, Sausalito
For adults & kids 8+ when accompanied by an adult.

Register [HERE!](#)



with Erika Richardson

Come in and see what we are all about. Pilates, Gyrotonic, physical therapy, massage, Rolfing, acupuncture and more. Let our stellar practitioners guide you to feel your best in your body. All fitness levels welcome. Call for more info: 415-497-4200 [LEARN MORE!](#)

Curious? Here is a visual of [The Gyrotonic Method](#)



Song Lab Saturday presents INNER VALKYRIE: Learn to sing OPERA!

with Karma Raines

How does opera sound so loud and powerful? Can I sing like that? YES! This is a silly, fun workshop but also loaded with technique, so you can understand the technical "Rules" of opera, based in Science!

This workshop will cover technical aspects of singing Opera, with the foundation of (all styles of singing) technique, anatomy and physiology, singing examples, and auditive analysis of operas. We will sing parts of some well known opera tunes, including Wagner's Valkyrie!

[LEARN MORE!](#)

**EXPERIENCE INDESCRIBABLE JOY
IN BIODANZA**

PRACTICE EVERY THURSDAY NIGHT

7:30 PM - 9:30PM

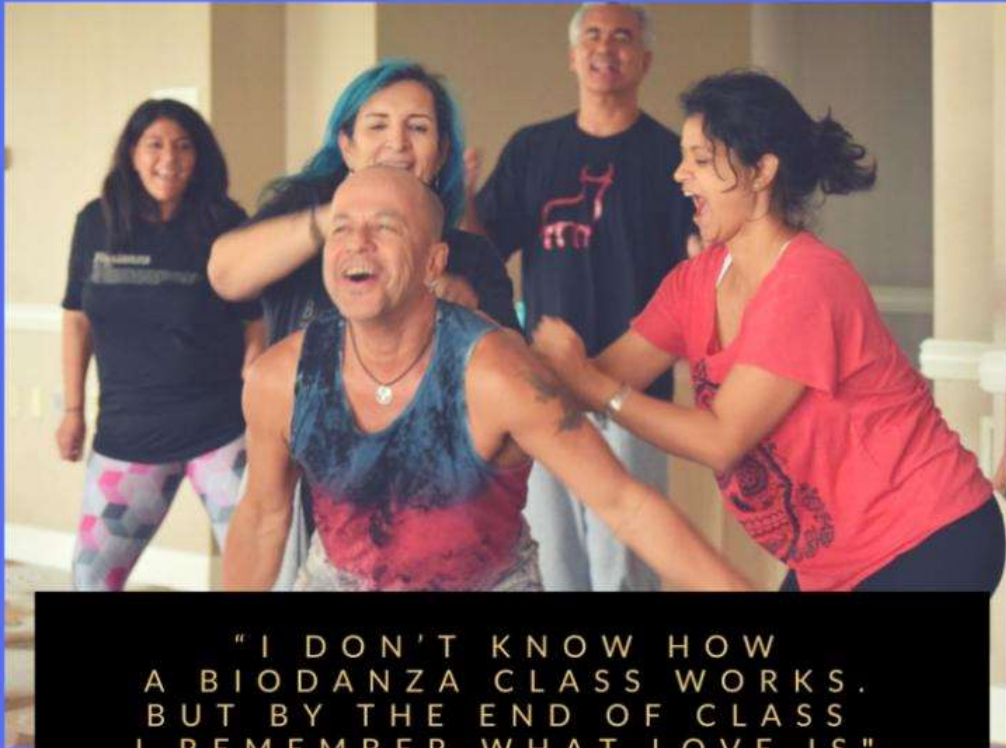
BODY VIBE STUDIO

999 ANDERSON DRIVE - SAN RAFAEL

DROP IN AND TRY IT ON THE FIRST THURSDAY OF THE MONTH

IF IT FITS - SIGN UP FOR THE MONTHLY SERIES

NO DANCE EXPERIENCE NEEDED -EVERYONE WELCOME



**" I DON'T KNOW HOW
A BIODANZA CLASS WORKS .
BUT BY THE END OF CLASS
I REMEMBER WHAT LOVE IS "**

**B I O D A N Z A J U L I E . C O M
4 1 5 7 1 7 - 3 5 7 8**

**What's
Happening In 2018**

Join us for dinner and networking

**July 10 / Aug 14 / Sept 11 / Oct 9 /
Nov 13 (auction) / Dec 11 (party)**

Networking Entrepreneurial Women of Marin | www.newofmarin.com

Inspiring Promotions, 240 Redwood Highway, Berth Two, Mill Valley, CA 94941

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