

If you do not see images below, please see the option to 'see images below' above.



*FEBRUARY 11 DINNER TOPIC*

Guest Speaker - Yamini Redewill

*The Advantage of Vintage  
Being Older & Bolder - Without Gathering Moss*



Ageism is an insidious social disease that has a way of grabbing hold of our minds, taking us out of the game. As women especially, we are besieged with the glorification of youth and beauty in everything we see. How do we cope?

We arm ourselves with the latest age defying creams, hair dyes, max out credit cards with cosmetic procedures, pursue the latest and greatest diets or perhaps we force ourselves to become fitness gurus on top of being mothers and/or entrepreneurs - all just to stay "in the game".

Invite your female friends & business women!



## SPONSORED EVENTS



# King Mountain Hike

10am

Every Saturday  
King Street  
Trailhead, Larkspur  
(rain cancels)

Wear layered attire per weather condition - Dogs on leash only.  
Expect 2 hour hike with moderate climb - Friends welcome.

RSVP via text to Suzanna Gratz, 415-250-1380

## TUESDAY NIGHT COMEDY LIVE

Feb 25 - 8:00pm  
\$22 reserved rate

Advanced Purchase Required  
Contact Michele at NEWofMarin

Mention "Marin  
Women's Group"  
when picking up tickets!

Join Us at the Throckmorton Theater in Mill Valley

## MEMBER EVENTS



## Video Performance Coaching & Image Strategy

### [Video Group Workshop 2020 Starts February 8th](#)

5 Week Group Workshop includes Private 1-on-1 Coaching to create a 2 Minute Smartphone Video of Your Choice...  
Early Bird Discount until Sunday, February 2 = \$497 | Then \$597

Contact Elaine at 323-394-1596 or  
[elaine@elainehausman.com](mailto:elaine@elainehausman.com).



# Dr. Susan Fox

**Acupuncture • Chinese Medicine**  
**Integrative Medicine**

'Tis the season for cold & flu virus. In Chinese Medicine this year is ruled by the Element Metal, which governs our Lung and Large Intestine systems, our first line of immune defense. To keep your immune systems strong, I recommend these favorite defense supplements, which can be found through the Full-Script Dispensary on my [website](#):



For general immune support during stressful times, winter conditions and exposure to contagion, this formula of scientifically based, as well as traditional immune ingredients will serve as reassurance in efforts to maintain your health.



Daily overall immune support. Promotes respiratory, digestive, circulatory, cellular, lymphatic and systemic functions for foundational immunity. Supports the body in adapting to physical, mental, and environmental stress factors.



*New Year ~ New Address!*

*I look forward to seeing you at my new Southern Marin location:  
655 Redwood Highway, Suite 200  
Mill Valley, CA 94941*



LAKE SONOMA  
**STEELHEAD  
FESTIVAL**

Join us for the  
*12<sup>th</sup> Annual*  
**LAKE SONOMA  
STEELHEAD FESTIVAL**  
**Saturday, February 8, 2020**  
**10:00 am – 4:00 pm**

**Milt Brandt Visitors Center &  
Congressman Don Clausen  
Fish Hatchery**  
3288 Skaggs Springs Road, Geyserville

This FREE event is hosted by Friends of Lake Sonoma - U.S. Army Corps of Engineers  
Sonoma Water - California Department of Fish and Wildlife

*This event supports the Friends of Lake Sonoma's educational programs for school children.*

More information at [www.lakesonoma.org](http://www.lakesonoma.org) & [www.facebook.com/lakesonomasteelheadfestival](https://www.facebook.com/lakesonomasteelheadfestival)

Click graphic for more information!

A promotional graphic for a workshop. The background features a city skyline with a woman in a light-colored jacket standing with her back to the camera, looking at a large dollar sign (\$) that has an upward-pointing arrow through its center. The text is overlaid on this scene.

**The Inner  
Path to**

**Saturday  
February 29th**

**Pro\$perity**

**A Spiritually-Inspired Workshop for Women**

Take a deep dive into your relationship with money in a safe, nurturing, and confidential atmosphere. Explore 7 essential practices to keep you open to the flow of abundance!

Sat., Feb 29, 10AM to 3PM  
Applied Financial  
359 Bel Marin Keys Blvd #1  
Novato, CA 94949

[Register Here!](#)

Susan Shloss Financial Wisdom  
Services, LLC (415) 497-0277



## GROUP INFORMATION

### NEWofMarin Member's Code of Conduct



An environment of respect engenders trust, confidence, and performance excellence by fostering mutual cooperation - an environment where diverse perspectives and views are encouraged and valued. [Click HERE to read more!](#)



**We want to hear from you!**

Visit our [PROMOTE](#) page to learn how to share your events, special offers and other announcements!

### *Save the Dates*



click image for directions

#### 2020 DATES

Jan 14 / Feb 11 / Mar 10 / Apr 14 /  
May 12 / Jun 9 / Jul 14 / Aug 11 /  
Sep 8 / Oct 13 / Nov 10 / Dec 8