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MARCH 10 DINNER TOPIC

Guest Speaker - Terra Sutton & Jeniffer Legge



WIPING OUT WORKPLACE WEARINESS

**Tips and Tricks to Feeling Good at Work
(and Everywhere).**

It's crucial for our happiness to stay energized and healthy, even during busy work days. In this informative talk, Terra and Jen will bring you a handful of energizing tips and tricks for feeling great every day.

Incorporating easy to do exercises, nutritional ideas, recipes and techniques you will be armed with the tools to assist you in feeling less tension, more focus, energy, and JOY.

Invite your female friends & business women!



SPONSORED EVENTS

**POTLUCK BITES & BEVIES
GAME NIGHT**

Wednesday, March 25

PLEASE REGISTER YOUR CONTRIBUTION TO MICHELE BY MARCH 20

MICHELEDENNIS362@GMAIL.COM / 510-220-3892

NETWORKING POTLUCK 5:00 - 6:30 / GAMES 6:30 - 8:30pm

Home of Suzanna Gratz
345 Forbes Avenue, San Rafael, 94901
street parking ... capooling always appreciated!

King Mountain
9am Sundays
Willow Avenue
Trailhead, Larkspur
(rain cancels)
RSVP Suzanna Gratz
415-250-1380

Dress in layers per weather - Dogs offleash at your discretion
Expect 1.5 hour hike with moderate climb - Friends welcome.

MEMBER EVENTS



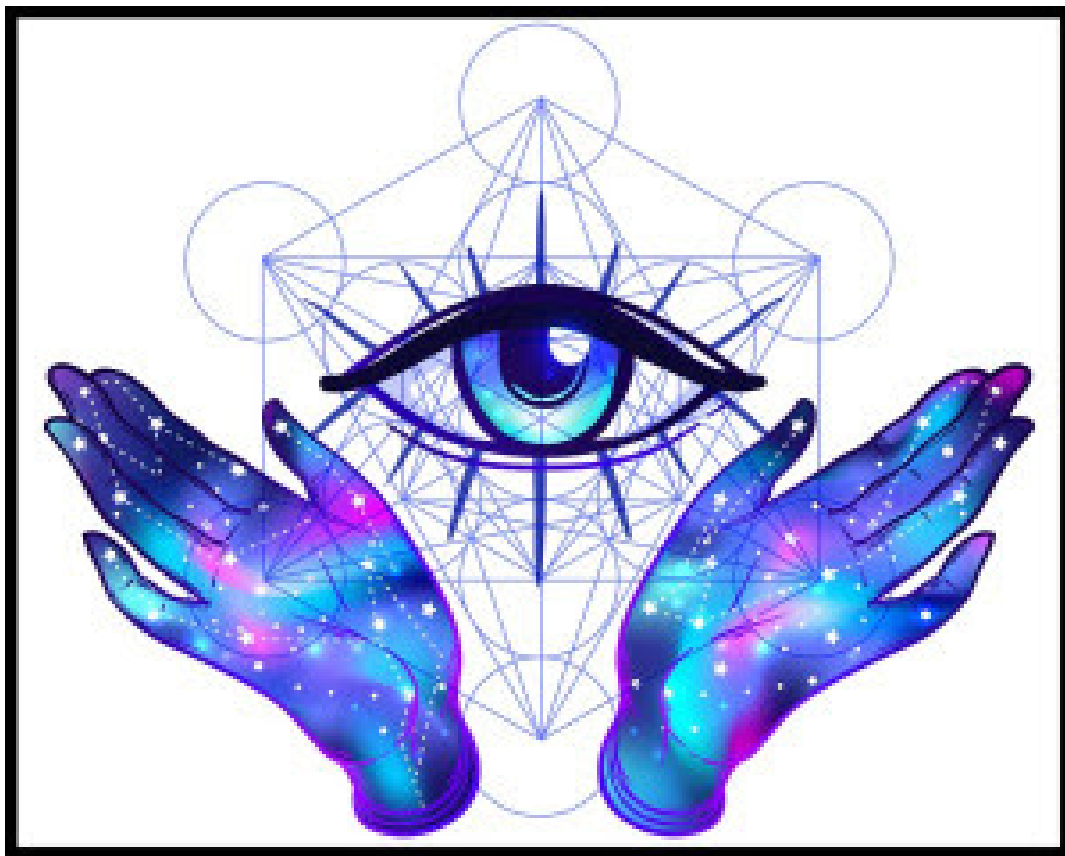
Dr. Susan Fox

Acupuncture • Chinese Medicine

Integrative Medicine

Dear friends - My focus today is providing you with information on PREVENTION and INTERVENTION regarding the Coronavirus, so you feel calm and prepared during this stressful time. Certainly acupuncture will help and I welcome your visit. In addition, the herbal products that I trust most - and that were shown most effective in treating SARS symptoms - are offered by KW Botanicals, based right here in Marin County. [READ MORE](#). Be Healthy and Be Well, Susan





[Click graphic for more information!](#)

Christina Gerber's March Offer

ADVANCED SOUL CLEARING THROUGH PAST-LIFE REGRESSIONS

Activate a healthy self-esteem ~ Learn to recognize
your own value and that of others,
through confidence and unconditional love.

the confident self

A Biodanza Workshop with Julie Neustadter

April 24th-26th, 2020 (Friday thru Sunday)

Salamander Camp, Los Gatos

www.biodanzajulie.com

SPRING BLING

NEW OF MARIN MEMBERS ONLY PARTY!
HOSTED BY ELAINE CRAMER
Friday, March 20, 2020 6:00 PM TO 9:00 PM
111 Valley Cir Mill Valley CA 94941-2925
www.touchstonecrystal.com/YW2L7CRN



TOUCHSTONE CRYSTAL BY SWAROVSKI

LEARN MORE

GROUP INFORMATION

COMMUNITY ADVERTISING OPPORTUNITY



We have extend our reach into the local community by offering advertising space on our private FB page and in our newsletter in exchange for auction gifts, so please ask your friends and neighbors to participate!

Our member newsletter has a whopping 50-67% open rate.

Please have your friends and neighbors reach out to
Bara Sapir, secretary@newofmarin.com
On behalf of those whom we support, thank you!

NEWofMarin Member's Code of Conduct



An environment of respect engenders trust, confidence, and performance excellence by fostering mutual cooperation - an environment where diverse perspectives and views are encouraged and valued. [Click HERE to read more!](#)



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Save the Dates



click image for directions

2020 DATES

Apr 14 / May 12 / Jun 9

Jul 14 / Aug 11 / Sep 8

Oct 13 / Nov 10 / Dec 8

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