

This Month's Zoom Speaker

Based on the continuation of mask mandates and gatherings of folks in close proximity exacerbating the spread of the highly contagious Delta variant, we will be back to meeting on ZOOM... at least for now. Join us for our very special member guest:

Maria Quintana-Pilling offers Functional Nutrition & Lifestyle Practitioner presents "Family Chef Fatigue? 7 Ways to Cure Kitchen Burnout"

In this informative talk, Functional Nutrition & Lifestyle Practitioner, Maria Quintana-Pilling, will share ideas to help you cure kitchen burnout so that we not only find joy in the kitchen again but also learn how to take our health and productivity to a whole new level.



PLUS!

Join Maria for a onehour cooking class --Tuesdays at 6pm. She'll teach you knife skills, nutrition basics, planning tips, meal and teach you how to cook gut-friendly, nutritionally dense seasonal meals for you and your family.



A Note from our President

Dear members,

When I first envisioned NEWofMarin, it was because I saw a need in Marin County to gather together a community of dynamic, enterprising women in a supportive environment where they could learn and grow from one another. A community where likeminded professional women would come together to:



- share connections and business strategies over a glass of wine and dinner.
- provide a lecture series and highlight the gifts and talents of fabulous speakers every month.
- make referrals to each other, allowing members to thrive in an otherwise male-dominated society.
- make friendships that would last a lifetime.

I believe that is what we've accomplished... what NEWofMarin has become. And I want to thank you for holding that vision with me all these years!

While we are all disappointed by yet another round of closures and safety protocols, perhaps some of you might also be feeling a sense of loss for the NEWofMarin community we had all come to know and cherish.

Because of this, I would like to invite you to visit the **NEWofMarin Directory page** and choose one or more woman whom you'd like to get to know better. This member may be a woman whose services you might need, or someone with whom you have a potential referral for (or need a referral from); or it may just be that you find this woman interesting and want to know her better. Whatever your reason, I have no doubt these members would love to receive an invitation to a 30 minute zoom call, a quick coffeeshop meet and greet, or an after hours walk.

Please do what you can to make someone's day, make a new business contact and maybe even a new friend!

Andrea Devaux, President, NEWofMarin

NEWofMarin Sponsored Events

Angel Island Excursion Sunday - September 26

Tiburon Ferry Terminal ~ 1:00pm sharp
Purchase Tickets Directly & Get More Info:

~ www.angelislandferry.com ~ Adults \$15 / Seniors \$14 roundtrip

Leave the island at your leisure ~ Last ferry departs at 5:20pm
Friends & Families Welcome...Bikes okay.

Masks Mandatory & No Pets on Ferry per Ferry Service.

Vaccination record required to attend all NEWofMarin events.

RSVP Michele Dennis 510-220-3892

In addition to our our monthly zoom meetings, we also love to hike, share a glass of wine, laugh together at comedy shows, take classes, and more.

Please RSVP to Michelle Dennis for all NEWofMarin sponsored events at (510) 220-3892 or events@newofmarin.com

For more information, please visit our site's **EVENTS** page

NEWofMarin Member Offers



NEWofMarin Sisters come and enjoy The Grand Venetian on the beautiful beaches of Puerta Vallarta. The 2300 sq.ft. 3bed/3bath condo sleeps 7 comfortably, boasts a complete gourmet kitchen and spa tub on the ocean sunset deck. 10 minutes from PVR airport / 10 minutes to Old Town.

Features VIP entry and security, excellent on-site dining with room service, an extraordinary gym, 5 pools, 5 hot tubs, tennis courts and the gorgeous La Isla Mall right outside the gate. For NEWofMarin Family and Friends or Off-Season discounts, contact Angela Curley, 415-518-2656 or makena113@aol.com.



2021 Speaker Dates

Want even more to look forward to?
Visit our Speaker Schedule **HERE** and save the following dates:

Oct 12 | Nov 9 | Dec 14 (offsite party)



