

#### **HELP US GROW!**

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Join Us On February 8, 2022

## Pamela Meyer, LMFT Coach and Consultant

Strength in the Face of
Adversity
It Doesn't Get Easier ~ You Get
Stronger!

#### Live at The Left Bank!

downtown Larkspur | street parking



In this inspirational talk business coach and therapist, Pamela Meyer, will share some practical and powerful strategies addressing the central issues that impact so many women: overwhelm, stress and challenging transitions. Her talk will focus on helping women find opportunity and possibility in every challenge. She brings personal reflections on dealing with adversity, loss and disappointment. You will learn how to create positive perspectives and outcomes, no matter what.

To ensure the safest possible experience, we are asking that all attendees take a home Covid antigen test within the hour of attending (and bring a photo

showing your negative result). Come ready to showyour vaccination card and proof of negative Covid test. We will meet at 6pm - in the back room at the Leftbank Brassiere, downtown Larkspur. Street parking.

#### Register to attend!

## Last Month's Speaker Video



January 2022

Andrea Lloyd presents
How volunteering helps
you live longer and
advance your career



Click **HERE** to watch Andrea Lloyd's talk from our January Networking Zoom Call

NEWofMarin Events

Taj Mahal Virtual Tour with Local Expert Saturday, Feb 19 | 4:30 PM - 5:30 PM PST



Join us on a virtual tour of the Taj Mahal - both minute architectural details as well as the lush gardens and fountains. The tour also includes the Agra Fort and the 'Baby Taj Mahal, which is a blue print of the actual Taj Mahal. At the end of our walk you can ask the guide any questions you may have about the Indian Culture or any Monuments of India.

### Register to Join

## NEWofMarin Member Offers

2022 is the beginning of a new energy cycle, one which brings fresh momentum to bring creations into the physical world. This will launch full force in February. Watch Terrie Burn's latest 'Simple Truth's' video for her latest insights ~



Enjoy his is an original composition written by Tammy Hall to honor the amazing life of Joyce Stupski. Performed at SF Jazz. Tammy Hall on piano and Ruth Davies on bass. Andrea Devaux directed.





# Improve Reading with Adult MindFlow Workshop

Read slow? Books and emails piling up? Our upcoming online Adult MindFlow workshop can help. The five-hour/one day workshop implements speed reading strategies and positive mindset techniques to help you read up to 5x faster without compromising comprehension. The dynamic duo of speed reading and mindset skills optimizes your daily reading, from tweets to tomes, while helping you gain focus, calm, and confidence. The next adult class occurs on a weekend day soon and we will schedule it based on participants' availability. If interested and for more information, go to <a href="mindflowclass.com">mindflowclass.com</a> or reach out to me directly at <a href="mindflowclass.com">directortpny@gmail.com</a>.



NEWofMarin Sisters come and enjoy The Grand Venetian on the beautiful beaches of Puerta Vallarta. The 2300 sq.ft. 3bed/3bath condo sleeps 7 comfortably, boasts a complete gourmet kitchen and spa tub on the ocean sunset deck. 10 minutes from PVR airport / 10 minutes to Old Town.

Features VIP entry and security, excellent on-site dining with room service, an extraordinary gym, 5 pools, 5 hot tubs, tennis courts and the gorgeous La Isla Mall right outside the gate. For NEWofMarin Family and Friends or Off-Season discounts, contact Angela Curley, 415-518-2656 or <a href="mailto:makana113@aol.com">makana113@aol.com</a>.



## 2022 Speaker Dates

Want even more to look forward to?
Visit our Speaker Schedule **HERE** and save the following dates:

March 8 | April 10 | May 10 (auction) | June 14 | July 12 | Aug 9 | Sept 13 | Oct 11 | Nov 8 (auction) | Dec 13 offsite party





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